

Injustice Experience Questionnaire (Sullivan et al., 2008)

When injuries happen, they can have profound effects on our lives. This scale was designed to assess how your injury has affected your life. Listed below are 12 statements describing different thoughts and feelings that you may experience when you think about your injury. Using the following scale, please indicate the degree to which you have these thoughts and feelings when you think about your injury.

- 0- not at all
- 1- to a slight degree
- 2- to a moderate degree
- 3- to a great degree
- 4- all the time

1. Most people don't understand how severe my condition is	0	1	2	3	4
2. My life will never be the same	0	1	2	3	4
3. I am suffering because of someone else's negligence	0	1	2	3	4
4. No one should have to live this way	0	1	2	3	4
5. I just want my life back	0	1	2	3	4
6. I feel that this has affected me in a permanent way	0	1	2	3	4
7. It all seems so unfair	0	1	2	3	4
8. I worry that my condition is not being taken seriously	0	1	2	3	4
9. Nothing will ever make up for what I have gone through	0	1	2	3	4
10. I feel as if I have been robbed of something very precious	0	1	2	3	4
11. I am troubled by fears that I may never achieve my dreams	0	1	2	3	4
12. I can't believe this has happened to me	0	1	2	3	4

Sullivan, M. et al. 2008. The role of perceived injustice in the experience of chronic pain and disability: scale development and validation. *J Occup Rehabil*, 18, 249-261.

SCORING

Total score out of 48.

A post-treatment IEQ score ≥ 19 may be associated with reduced likelihood of returning to work; increased likelihood of experiencing post-treatment pain; and increased use of narcotics for pain relief.